

WEEK 1 MENU

W/C: 20/06 11/07 12/09 03/10

SPRING/SUMMER 2022

	HOT SPECIALS...	DAILY FAVES...	SIDES...	PACKED LUNCH...	JACKET POTATOES...	PICK A PUD!	
MONDAY	Veggie Burrito ♡ ♡ ♡ A soft wrap filled with lightly spiced veggies and rice	Macaroni Cheese ♡ Traditional Mac 'N' Cheese, delicious macaroni in a creamy cheese sauce	Tomato Pasta ♡ ♡ Fresh, homemade tomato and basil sauce with penne pasta	Green Beans and Sweetcorn	Packed Lunch See below for details	Jacket Potatoes ♡ ♡ ♡ A choice of hot and cold fillings	Raspberry Ripple Ice Cream
TUESDAY	Allegra's BBQ Chicken Burger, Corn and Pineapple Relish with Potato Wedges BBQ chicken breast burger with zingy corn relish	Allegra's Broccoli And Cauliflower Cheese Pie with Mashed Potato ♡ Cheesy broccoli and cauliflower with a shortcrust topping	Tomato Pasta ♡ ♡ Fresh, homemade tomato and basil sauce with penne pasta	Peas and Broccoli	Packed Lunch See below for details	Jacket Potatoes ♡ ♡ with salmon mayonnaise 🐟	Brownie
WEDNESDAY	Roast Chicken with Roast Potatoes & Gravy Succulent roast chicken with fluffy roasties and tasty gravy	Sweet Potato and Chickpea Roast with Roast Potatoes and Gravy ♡ ♡ A chunky sweet potato and chickpea roast	Tomato Pasta ♡ ♡ Fresh, homemade tomato and basil sauce with penne pasta	Carrots and Cabbage	Packed Lunch See below for details	Jacket Potatoes ♡ ♡ A choice of hot and cold fillings	Shortbread Biscuit with Fresh Cut Fruit Slices ♡
THURSDAY	Beef Meatballs 🐾 in Tomato Sauce with Pasta Delicious beef meatballs in a tasty tomato sauce with pasta	Butternut Squash and Tomato Bake with Rice ♡ ♡ ♡ A delicious butternut squash and tomato bake served with rice	Tomato Pasta ♡ ♡ Fresh, homemade tomato and basil sauce with penne pasta	Broccoli and Sweetcorn	Packed Lunch See below for details	Jacket Potatoes ♡ ♡ ♡ A choice of hot and cold fillings	Berry & Peach Oaty Crumble with Custard ♡ ♡
FRIDAY	Golden Fish Fingers and Chips Crispy fish fingers with scrummy chips	Quorn Nuggets and Chips ♡ Crispy Quorn nuggets with their fave sauce - ketchup	Tomato Pasta ♡ ♡ Fresh, homemade tomato and basil sauce with penne pasta	Baked Beans and Peas	Packed Lunch See below for details	Jacket Potatoes ♡ ♡ ♡ A choice of hot and cold fillings	Orange, Sultana & Carrot Slice

SANDWICH BAR - AVAILABLE DAILY

. OR DAILY SPECIAL

WITH VEG STICKS AND FRESH FRUIT OR BEAR YOYO OR DESSERT OF THE DAY

AVAILABLE EVERY DAY

WATER, SALAD, FRESHLY BAKED BREAD, YOGHURT & FRESH FRUIT






♡ Vegetarian 🐟 Oily fish 🌿 Wholegrain

🍏 Fruity! ❤️ Nutritionist's Choice

WEEK 2 MENU

W/C: 27/06 18/07 19/09 10/10

SPRING/SUMMER 2022

	HOT SPECIALS...	DAILY FAVES...	SIDES...	PACKED LUNCH...	JACKET POTATOES...	PICK A PUD!	
MONDAY	Cheese and Tomato Pizza with Potato Wedges   Cheesy tomato topped pizza slice	Veggie Bolognese    Yummy veggie Bolognese with pasta	Tomato Pasta   Fresh, homemade tomato and basil sauce with penne pasta	Carrot Sticks and Cucumber Sticks	Packed Lunch See below for details	Jacket Potatoes   A choice of hot and cold fillings	Flapjack with Fruit Slices  
TUESDAY	Sausage and Mash with Gravy Sausage and mash with rich gravy	Allegra's BBQ Beans with Allegra's Cornbread   Tasty BBQ beans served with cornbread	Tomato Pasta   Fresh, homemade tomato and basil sauce with penne pasta	Broccoli and Peas	Packed Lunch See below for details	Jacket Potatoes   A choice of hot and cold fillings	Peach Shortbread Pudding with Custard 
WEDNESDAY	Roast Turkey with Roast Potatoes & Gravy Roast turkey with fluffy roasties and tasty gravy	Creamy Vegetable Pie with Roast Potatoes and Gravy  Creamy vegetable pie with a cheesy shortcrust topper	Tomato Pasta   Fresh, homemade tomato and basil sauce with penne pasta	Cabbage and Carrots	Packed Lunch See below for details	Jacket Potatoes   A choice of hot and cold fillings	Raspberry Yoghurt Cake
THURSDAY	Cottage Pie  Home cooked minced beef with a crispy potato topping	Mild Chickpea and Potato Curry with Rice    Tasty chickpea and potato curry served with rice	Tomato Pasta   Fresh, homemade tomato and basil sauce with penne pasta	Green Beans and Sweetcorn	Packed Lunch See below for details	Jacket Potatoes   A choice of hot and cold fillings	Fruity Chocolate Brownie
FRIDAY	Battered Fish Fillet with Chips	The Incredible Burger served with Chips  Meatless burger in a soft bap with ketchup	Tomato Pasta   Fresh, homemade tomato and basil sauce with penne pasta	Peas and Baked Beans	Packed Lunch See below for details	Jacket Potatoes   A choice of hot and cold fillings	Vanilla Ice Cream

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AVAILABLE EVERY DAY

WATER, SALAD, FRESHLY BAKED BREAD, YOGHURT & FRESH FRUIT

 Vegetarian  Oily fish  Wholegrain
 Fruity!  Nutritionist's Choice

WEEK 3 MENU

W/C: 04/07 05/09 26/09 17/10

SPRING/SUMMER 2022

	HOT SPECIALS...	DAILY FAVES...	SIDES...	PACKED LUNCH...	JACKET POTATOES...	PICK A PUD!	
MONDAY	<p>Macaroni Cheese ♻️</p> <p>Traditional Mac N Cheese, delicious macaroni in a creamy cheese sauce</p>	<p>Vegetarian Sausage with Mashed Potato and Gravy ♻️</p> <p>Veggie sausage and mash with rich gravy</p>	<p>Tomato Pasta ♻️</p> <p>Fresh, homemade tomato and basil sauce with penne pasta</p>	<p>Peas and Carrots</p>	<p>Packed Lunch</p> <p>See below for details</p>	<p>Jacket Potatoes ♻️</p> <p>A choice of hot and cold fillings</p>	<p>Oaty Biscuit with Fresh Cut Fruit Slices ♻️</p>
TUESDAY	<p>Hot Chicken Sandwich with Potato Wedges</p> <p>Roast chicken served in a soft bun with lettuce and mayo</p>	<p>Allegra's Cheesy Peasy Risotto Bake ♻️</p> <p>A delicious baked cheesy, pea risotto</p>	<p>Tomato Pasta ♻️</p> <p>Fresh, homemade tomato and basil sauce with penne pasta</p>	<p>Sweetcorn and Broccoli</p>	<p>Packed Lunch</p> <p>See below for details</p>	<p>Jacket Potatoes ♻️</p> <p>A choice of hot and cold fillings</p>	<p>Apple and Carrot Yoghurt Muffin ♻️</p>
WEDNESDAY	<p>Tender Roast Gammon with Roast Potatoes & Gravy</p> <p>Tender roast gammon with fluffy roasties and tasty gravy</p>	<p>Butternut Squash and Potato Pastry Slice with Roast Potatoes and Gravy ♻️</p> <p>A chunky butternut squash and potato pastry slice</p>	<p>Tomato Pasta ♻️</p> <p>Fresh, homemade tomato and basil sauce with penne pasta</p>	<p>Carrots and Cabbage</p>	<p>Packed Lunch</p> <p>See below for details</p>	<p>Jacket Potatoes ♻️</p> <p>A choice of hot and cold fillings</p>	<p>Strawberry Ice Cream</p>
THURSDAY	<p>Beef Burrito ♻️</p> <p>A soft wrap filled with lightly spiced beef and rice</p>	<p>Veggie Lasagne served with a Bread Wedge ♻️</p> <p>Delicious sheets of pasta layered with veggies and tomato sauce</p>	<p>Tomato Pasta ♻️</p> <p>Fresh, homemade tomato and basil sauce with penne pasta</p>	<p>Green Beans and Sweetcorn</p>	<p>Packed Lunch</p> <p>See below for details</p>	<p>Jacket Potatoes ♻️</p> <p>A choice of hot and cold fillings</p>	<p>Chocolate Sponge Cake</p>
FRIDAY	<p>Southern Fried Chicken Tasters with Chips</p> <p>Lightly seasoned crispy chicken strips and scrummy chips</p>	<p>Veggie Soft Taco and Chips ♻️</p> <p>A soft taco shell filled with a yummy veggie tomato chilli</p>	<p>Tomato Pasta ♻️</p> <p>Fresh, homemade tomato and basil sauce with penne pasta</p>	<p>Baked Beans and Peas</p>	<p>Packed Lunch</p> <p>See below for details</p>	<p>Jacket Potatoes ♻️</p> <p>A choice of hot and cold fillings</p>	<p>Banana and Apricot Flapjack</p>

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